

ADMISSION CRITERIA 202-202

APPLICATION DEADLINE FEBRUARY 28TH 2023
AUDITIONS MAY 2ND > 7TH 2023

APPLICANT'S VIDEO PRESENTATION

This video must last less than 10 minutes in total, and provide a demonstration in 3 parts on a single video file.

1 / PREREQUISITES (2 to 5 minutes, on the same video track)

physical condition

hanging exercises

- sit-up : without momentum, bring up straight-legs, 5 times minimum
- sit-up : legs 90 degrees, stay for 10 seconds
- chin-ups minimum 5 in a row

flexibility

- splits
- bridge

handstand

- stay in handstand, grouped and split raise-ups
- show your highest technical level

Acrobatic bases on the ground without run-up nor spring, alone if possible and without lunge rope :

- headspring
- handspring
- Flip and salto without lunge rope
- Performe the figures showing your highest technical level

2 / TRAINING ON YOUR CIRCUS APPARATUS / DISCIPLINE (2 MINUTES)

- showing your technical level

3 / ARTISTIC PRESENTATION IN YOUR SPECIALITY (3 MINUTES MAXIMUM) WITH OR WITHOUT MUSIC, WITH OR WITHOUT COSTUME

Please do not add editing effects :
no slowed down, repeated
or sequenced images

THIS VIDEO MUST BE UPLOADED AT THE FOLLOWING ADDRESS :

<https://bit.ly/DEPOTPIECESAF>

before February 28TH 2023 at 23H/11pm (Paris Time, UTC+1).

The video file must be named accordingly :

FAMILYNAME_Firstname_Specialty

The file must weigh less than **3Go**, and the format must be ***.mp4** or ***.mov**

For example

SMITH_Jane_Acrobatics.mp4

Internet links will not be accepted.

**> For any information, you can contact us at :
selections.cfa@academie-fratellini.com
T +33 (0)7 67 85 71 19**



HOW TO FIND US?

DESTINATION ACADEMIE FRATELLINI

USING PUBLIC TRANSPORT

RER D, 10 minutes from Châtelet-Les Halles,
(1st stop after Paris Nord)

Académie Fratellini is located just outside
of the station «Stade de France – Saint-Denis»

BY CAR

5 minutes from Porte de la Chapelle,
Take the N1 in the direction of La Plaine,
then follow the signs
or Motorway A1, exit stade de France
A86 towards Bobigny (Saint-Denis La Plaine),
follow direction La Plaine then the signs

